Sindy Hooper Park - Plaque Unveiling and Dedication

Sunday, Nov 1, 11 AM
17 Hansen, Kanata K2K 2L9



Please join us for Sindy's Run! AT THE NEW SINDY HOOPER PARK!

Every November (which is Pancreatic Cancer Month), Sindy would organize a little fun/trail run around the Kanata Beaver Pond (a 3 km and a 5 km). It is a fun way to walk/run, raise awareness about pancreatic cancer, and raise money for cancer research.

This year it will be on **SUNDAY, NOVEMBER 1st**, starting at **11 am**.

For those of you who did not know Sindy, click here (Warning:) it may motivate you to run!)

We will meet at **17 Hansen In Kanata (K2K 2L9)**, **Please ARRIVE EARLY** so you can park, and check out the bake sale and 50/50 draw (bring cash!). Just before starting the run, we will walk to the park at the end of Beaver Pond (which the City has named Sindy Hooper Park!) and do a short commemoration ceremony. There is no charge to participate, but if you wish to make a donation for cancer research, please do so (link).

The 3km is on hard-packed trails, easy to walk or run on (some hills). The 5 km has some rocky, potentially wet trails. Wear appropriate shoes! (they could get wet!!) Hope to see you there!

Please let me know if you plan to attend by email (jon hooper)!

A small taste of the run: Video